

BLS Summary

	ADULT	CHILD	INFANT
<i>Age Determination</i>	Begins with onset of puberty	About 1 year of age to the onset of puberty	Less than 1 year of age
<i>Scene Safety?</i>	If the scene is unsafe or at anytime becomes unsafe, GET OUT!	If the scene is unsafe or at anytime becomes unsafe, GET OUT!	If the scene is unsafe or at anytime becomes unsafe, GET OUT!
<i>Response?</i>	Tap shoulder, shout name	Tap shoulder, shout name	Tap foot, shout out
<i>Breathing and Pulse?</i>	<ul style="list-style-type: none"> Look at face and chest for no breathing or only gasping Palpate for carotid pulse Take no more than 10 seconds to check 	<ul style="list-style-type: none"> Look at face and chest for no breathing or only gasping Palpate for carotid pulse Take no more than 10 seconds to check 	<ul style="list-style-type: none"> Look at face and chest for no breathing or only gasping Palpate for brachial pulse Take no more than 10 seconds to check
<i>Activate Emergency Response Protocol and get an AED</i>	Accomplish given the circumstances and protocols of your situation	Accomplish given the circumstances and protocols of your situation	Accomplish given the circumstances and protocols of your situation
<i>Normal Breathing Present! Pulse Present!</i>	Place person in recovery position and monitor breathing	Place child in recovery position and monitor breathing	Place infant in recovery position and monitor breathing
<i>Normal Breathing Absent! Pulse Present!</i>	<ul style="list-style-type: none"> Perform rescue breathing; 1 breath every 5–6 seconds Monitor carotid pulse every 2 minutes 	<ul style="list-style-type: none"> If pulse is 60 beats per minute or greater, perform rescue breathing; 1 breath every 3–5 seconds Monitor carotid pulse every 2 minutes 	<ul style="list-style-type: none"> If pulse is 60 beats per minute or greater, perform rescue breathing; 1 breath every 3–5 seconds Monitor brachial pulse every 2 minutes
<i>Rescue Breaths</i>	<ul style="list-style-type: none"> Tilt head, lift chin to open airway first 1 second in length Make chest visibly rise, but no more 	<ul style="list-style-type: none"> Tilt head, lift chin to open airway first 1 second in length Make chest visibly rise, but no more 	<ul style="list-style-type: none"> Tilt head, lift chin to open airway first 1 second in length Make chest visibly rise, but no more
<i>Normal Breathing Absent! Pulse Absent!</i>	<ul style="list-style-type: none"> Perform CPR starting with compressions Single or multiple providers — provide continuous cycles of 30 compressions and 2 rescue breaths 	<ul style="list-style-type: none"> If pulse is absent, or less than 60 BPM with poor perfusion, perform CPR starting with compressions Single provider — provide continuous cycles of 30:2 Multiple providers — provide continuous cycles of 15:2 	<ul style="list-style-type: none"> If pulse is absent, or less than 60 BPM with poor perfusion, perform CPR starting with compressions Single provider — provide continuous cycles of 30:2 Multiple providers — provide continuous cycles of 15:2
<i>Compressions</i>	<ul style="list-style-type: none"> 2 hands on center of chest, lower half of breastbone At least 2 inches in depth Rate of 100–120 times per minute Deep, fast, full rebound, minimize interruption 	<ul style="list-style-type: none"> 1 or 2 hands on lower half of breastbone At least 1/3 diameter of chest or about 2 inches in depth Rate of 100–120 times per minute Deep, fast, full rebound, minimize interruption 	<ul style="list-style-type: none"> 2 fingers on breastbone just below nipple line At least 1/3 diameter of chest or about 1 1/2 inches in depth Rate of 100–120 times per minute Deep, fast, full rebound, minimize interruption
<i>Defibrillation with AED</i>	<ul style="list-style-type: none"> Turn on power Attach pads Analyze If indicated, deliver shock Immediately resume CPR Follow voice instructions 	<ul style="list-style-type: none"> Use pediatric system; if not available, use AED for adult Turn on power Attach pads Analyze If indicated, deliver shock Immediately resume CPR Follow voice instructions 	<ul style="list-style-type: none"> Use pediatric system; if not available, use AED for adult Turn on power Attach pads Analyze If indicated, deliver shock Immediately resume CPR Follow voice instructions