

# CPR Summary

	ADULT	CHILD	INFANT
<i>Age Determination</i>	Onset of puberty and older	1 year until onset of puberty	Less than 1 year of age.
<i>Scene Safety?</i>	If the scene is unsafe or at anytime becomes unsafe, GET OUT!	If the scene is unsafe or at anytime becomes unsafe, GET OUT!	If the scene is unsafe or at anytime becomes unsafe, GET OUT!
<i>Response?</i>	Tap shoulder, shout name.	Tap shoulder, shout name.	Tap foot, shout out.
<i>Activate Emergency Response System/ Get an AED</i>	Send a bystander. When alone, do it yourself immediately.	Send a bystander. When alone, perform about 2 minutes of CPR before doing it yourself.	Send a bystander. When alone, perform about 2 minutes of CPR before doing it yourself.
<i>Breathing?</i>	Look at face and chest for no breathing or only gasping.	Look at face and chest for no breathing or only gasping.	Look at face and chest for no breathing or only gasping.
<i>Normal Breathing Present?</i>	Place person in recovery position and monitor breathing.	Place child in recovery position and monitor breathing.	Place infant in recovery position and monitor breathing.
<i>Normal Breathing Absent?</i>	Perform CPR starting with compressions. Provide continuous cycles of 30 compressions and 2 rescue breaths.	Perform CPR starting with compressions. Provide continuous cycles of 30 compressions and 2 rescue breaths.	Perform CPR starting with compressions. Provide continuous cycles of 30 compressions and 2 rescue breaths.
<i>Compressions</i>	<ul style="list-style-type: none"> <li>• Two hands on center of chest; lower half of breastbone</li> <li>• At least 2 inches in depth</li> <li>• Rate of 100–120 times a minute</li> <li>• Hard, fast, full recoil, minimize interruption</li> </ul>	<ul style="list-style-type: none"> <li>• One or two hands on lower half of breastbone</li> <li>• At least 1/3 diameter of chest or about 2 inches in depth</li> <li>• Rate of 100–120 times a minute</li> <li>• Hard, fast, full recoil, minimize interruption</li> </ul>	<ul style="list-style-type: none"> <li>• Two fingers on breastbone just below nipple line</li> <li>• At least 1/3 diameter of chest or about 1 1/2 inches in depth</li> <li>• Rate of 100–120 times a minute</li> <li>• Hard, fast, full recoil, minimize interruption</li> </ul>
<i>Rescue Breaths</i>	<ul style="list-style-type: none"> <li>• Tilt head, lift chin to open airway first</li> <li>• 1 second in length</li> <li>• Make chest visibly rise, but no more.</li> </ul>	<ul style="list-style-type: none"> <li>• Tilt head, lift chin to open airway first</li> <li>• 1 second in length</li> <li>• Make chest visibly rise, but no more.</li> </ul>	<ul style="list-style-type: none"> <li>• Tilt head, lift chin to open airway first</li> <li>• 1 second in length</li> <li>• Make chest visibly rise, but no more.</li> </ul>
<i>Defibrillation with AED</i>	<ul style="list-style-type: none"> <li>• Turn on power</li> <li>• Attach pads</li> <li>• If indicated, deliver shock</li> <li>• Immediately resume CPR</li> <li>• Follow voice instructions</li> </ul>	<ul style="list-style-type: none"> <li>• Use pediatric system, if not use AED for adult</li> <li>• Turn on power</li> <li>• Attach pads</li> <li>• If indicated, deliver shock</li> <li>• Immediately resume CPR</li> <li>• Follow voice instructions</li> </ul>	<ul style="list-style-type: none"> <li>• Use pediatric system, if not use AED for adult</li> <li>• Turn on power</li> <li>• Attach pads</li> <li>• If indicated, deliver shock</li> <li>• Immediately resume CPR</li> <li>• Follow voice instructions</li> </ul>