

Ask the Expert

CPR TRAINING IN THE WORKPLACE

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For Resuscicare Inc., saving lives is our top priority. Committed to providing the knowledge and skills necessary to perform life saving techniques, Resuscicare aims to spread the importance of becoming CPR certified to the workplace and the community.

An estimated 400,000 cardiac arrests happen outside the hospital with 88% of those occurring in the home. The remaining 12% of cardiac arrests occur at the workplace. Receiving CPR training could mean the difference in someone's chance at life. For every minute a victim is down, their likelihood of survival decreases 10% and carrying this life saving skill offers the potential to save an employee, co-worker, friend or loved-one. CPR increases one's chance of life double or even triple, depending on how quickly care is rendered, and adding an Automated External Defibrillator (AED) increases their chance three-fold.

CPR holds its importance as a life skill, which anyone in the community has the capacity to learn. It has often been engrained that this skill is for medical professionals, which certainly proves false. There are no prerequisites for receiving CPR training and having a medical background is not required. Many people often feel it's not their place to perform these life saving techniques, not realizing that having the knowledge to render care during an emergency might make the difference between whether a person survives or not.

Resuscicare is an authorized American Safety & Health Institute (ASHI) Training Center that offers a vast course catalog, with CPR, AED, and First Aid standing as

the most popular. We make participating in our classes extremely convenient by providing on-site training so you do not have to travel and taking every step possible to best accommodate your schedule. We can conduct CPR training right at your workplace, organization or home. Signing up is as simple as visiting our website or getting on the phone and contacting us to organize a time and location for your certification class.

Our CPR class consists of Instructor driven lectures, instructional videos and hands-on practice, making it possible for our staff to make learning fun and easy. The hands on portion is mannequin driven, which helps the learner reinforce the skills covered throughout the lecture. Upon successful completion of a CPR class, the certification card you receive is valid for two years, making the few hours you spent to get certified well worth it. CPR doesn't have to be perfect to make a difference and often making an attempt to perform CPR is better than denying the chance to save someone's life.



RESUSCICARE
Teach. Learn. Save Lives.

For more information,
please visit
www.resuscicare.com.



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