

BLS Summary

	Adult	Child	Infant
Age Determination	Begins with onset of puberty.	About 1 year of age to the onset of puberty.	Less than 1 year of age.
Scene Safety?	If the scene is unsafe or at any time becomes unsafe, GET OUT!	If the scene is unsafe or at any time becomes unsafe, GET OUT!	If the scene is unsafe or at any time becomes unsafe, GET OUT!
Response?	Tap shoulder, shout name.	Tap shoulder, shout name.	Tap foot, shout out.
Breathing?	Look at face and chest for <i>no</i> breathing or only gasping.	Look at face and chest for <i>no</i> breathing or only gasping.	Look at face and chest for <i>no</i> breathing or only gasping.
Normal Breathing Present?	Place person in recovery position and monitor breathing.	Place child in recovery position and monitor breathing.	Place infant in recovery position and monitor breathing.
Activate Emergency Response System/ Get an AED	Send a bystander. When alone, do it yourself immediately.	Send a bystander. When alone, perform about 2 minutes of CPR before doing it yourself.	Send a bystander. When alone, perform about 2 minutes of CPR before doing it yourself.
Normal Breathing Absent?	Palpate for carotid pulse in neck for no more than 10 seconds.	Palpate for carotid pulse in neck for no more than 10 seconds.	Palpate for brachial pulse in upper arm for no more than 10 seconds.
Pulse Present?	<ul style="list-style-type: none"> Perform rescue breathing; 1 breath every 5-6 seconds Monitor carotid pulse every 2 minutes 	<ul style="list-style-type: none"> If pulse rate is 60 beats per minute or greater, perform rescue breathing; 1 breath every 3-5 seconds Monitor carotid pulse every 2 minutes 	<ul style="list-style-type: none"> If pulse rate is 60 beats per minute or greater, perform rescue breathing; 1 breath every 3-5 seconds Monitor brachial pulse every 2 minutes
Rescue Breaths	<ul style="list-style-type: none"> Tilt head, lift chin to open airway first; use jaw-thrust for suspected neck injury 1 second in length Make chest visibly rise, but no more 	<ul style="list-style-type: none"> Tilt head, lift chin to open airway first; use jaw-thrust for suspected neck injury 1 second in length Make chest visibly rise, but no more 	<ul style="list-style-type: none"> Tilt head, lift chin to open airway first; use jaw-thrust for suspected neck injury 1 second in length Make chest visibly rise, but no more.
Pulse Absent?	<ul style="list-style-type: none"> Perform CPR starting with compressions Single or multiple rescuers - provide continuous cycles of 30 compressions and 2 rescue breaths 	<ul style="list-style-type: none"> If pulse is absent, or less than 60 BPM with poor perfusion, perform CPR starting with compressions Single rescuer — provide continuous cycles of 30:2 Multiple rescuers — provide continuous cycles of 15:2 	<ul style="list-style-type: none"> If pulse is absent, or less than 60 BPM, with poor perfusion, perform CPR starting with compressions. Single rescuer — provide continuous cycles of 30:2. Multiple rescuers — provide continuous cycles of 15:2.
Compressions	<ul style="list-style-type: none"> Two hands on center of chest At least 2 inches in depth Rate of at least 100 times a minute Hard, fast, full rebound, minimize interruption 	<ul style="list-style-type: none"> One or two hands on lower half of breastbone At least 1/3 depth of chest or about 2 inches Rate of at least 100 times a minute Hard, fast, full rebound, minimize interruption 	<ul style="list-style-type: none"> Two fingers on breastbone just below nipple line At least 1/3 depth of chest or about 1 1/2 inches Rate of at least 100 times a minute Hard, fast, full rebound, minimize interruption
Defibrillation with AED	<ul style="list-style-type: none"> Turn on power Attach pads Analyze If indicated, deliver shock Immediately resume CPR Follow voice instructions 	<ul style="list-style-type: none"> Use pediatric system; if not available, use AED for adult Turn on power Attach pads Analyze If indicated, deliver shock Immediately resume CPR Follow voice instructions 	<ul style="list-style-type: none"> Use pediatric system; if not available, use AED for adult Turn on power Attach pads Analyze If indicated, deliver shock Immediately resume CPR Follow voice instructions